

*Becoming*  
CREATE. INSPIRE. CONNECT

2019

# Friday, July 26

	Harrel Auditorium	Harrel (105-downstairs)	Harrel 102	Terrace 316	Harrel (202)	Susan Todd Lounge (Harrel)
12:30 pm						Pre-Conference registration begins
1:00 pm	Calligraphy Made possible by Paper & Ink Arts.	Furniture Painting Made possible by DecoArt	Crafting w/KariAnne (2:00) Made possible by D. Lawless Hardware		Chalkboard Sign (3:30) Made possible by Debbie from Refresh Restyle	
2:00 pm						Regular registration begins
4:00 pm						
5:00 pm					Are you attending solo?	4:45 Meet at registration desk & head to dinner with new friends.
5:00 - 6:30 pm <i>Dinner (Terrace)</i>	All Meals in Terrace Restaurant					
6:30 - 7:15 pm	Welcome & Large group gathering	Special Thanks to				
7:15 - 8:15 pm <i>Session 1</i>	Calming the Chaos (Vanessa)	Simplifying Cooking & Meal Planning for your Family (Lisa)	5 Steps to Declutter Any Mess (Dana)		Using Photography to Transform Your Family's Moments (Amber)	

8:15-10:00 pm  
*Girls Night In*

Movie  
(9:30 pm)

Bullet & Bible  
Journaling  
Made possible by:  
DaySpring



Craft Room  
Made possible by  
DecoArt and Walnut  
Hollow



Chalk Coutoure  
Made possible by:  
Debbie from Refresh  
Restyle



Cup Cake  
Decorating  
Make possible by  
Bi-Lo



# Saturday, July 27<sup>th</sup>

	<b>Harrel Auditorium</b>	<b>Harrel (105-downstairs)</b>	<b>Harrel 102</b>	<b>Terrace 316</b>	<b>Harrel (202)</b>	<b>Susan Todd Lounge (Harrel)</b>
<b>6:30 am</b>	<b>Early bird Devotion with Christy (In lounge)</b>					<b>Devotion (Optional) (Christy)</b>
<b>7:15 - 8:30 am</b> <i>Breakfast</i>						
<b>8:45 - 9:30am</b>	<b>Large Group</b>					
<b>9:30 - 10:30 am</b> <i>Session 2</i>	<b>Finding Your Decorating Style (KariAnne)</b>	<b>Chalk board &amp; Happy Hand Lettering (Maghon)</b>	<b>Simplifying Cooking &amp; Meal Planning for your Family (Lisa)</b>	<b>Sparkle Up Your Year: Life-Giving &amp; Fun Traditions (Jessica)</b>	<b>Frugal Gardening (Angel)</b>	
<b>10:30 - 11:00 am</b> <i>Coffee Break</i>						
<b>11:00 - 12:00 pm</b> <i>Session 3</i>	<b>Calming the Chaos (Vanessa)</b>	<b>Chalk board &amp; Happy Hand Lettering (Maghon)</b>	<b>Sparkle Up Your Year: Life-Giving &amp; Fun Traditions (Jessica)</b>	<b>Overcoming Depression (Christy)</b>	<b>Using Photography to Transform Your Family's Moments (Amber)</b>	
<b>12:00- 1:30 pm</b> <i>Lunch</i>						
<b>1:40 - 2:40 pm</b> <i>Session 4</i>	<b>Momming in My Own Lane: Intentional Mothering for all Seasons (Jen)</b>	<b>5 Steps to Declutter Any Mess (Dana)</b>	<b>The Joy of Being the Cook: How to Enjoy Making Supper (Christy)</b>		<b>Frugal Gardening (Angel)</b>	
<b>2:45 - 3:45 pm</b> <i>Session 5</i>	<b>Finding Your Decorating Style (KariAnne)</b>	<b>5 Steps to Declutter Any Mess (Dana)</b>	<b>A Call to Finish Strong (Donna)</b>		<b>Sparkle Up Your Year: Life-Giving &amp; Super Fun Traditions (Jessica)</b>	
<b>Free Time</b>						

<b>Saturday Dinner on Your Own</b>						
<b>7:00 Keynote &amp; Girls Night In.</b>	9:00 movie	<b>Special Thanks to:</b>	<b>MARY &amp; MARTHA</b>			

## Sunday, July 28<sup>th</sup>

	<b>Harrel Auditorium</b>	<b>Harrel (105-downstairs)</b>	<b>Harrel 102</b>	<b>Terrace 316</b>	<b>Harrel (202)</b>
<b>7:30 – 8:30 am Breakfast</b>					
<b>8:30 – 9:30 am Pack up for Checkout by 11</b>					
<b>9:30 – 10:30 am Session 6</b>	<b>Using Photography to Transform Your Family's Moments</b> (Amber)	<b>Simplifying Cooking &amp; Meal Planning for your Family</b> (Lisa)	<b>Overcoming Depression</b> (Christy)		<b>Frugal Gardening</b> (Angel)
<b>10:30 am Close/Keynote</b>	<b>Large Group &amp; Final Giveaways</b>				

# Speakers

**Jen Schmidt, Becoming Founder:** For the last decade, Jen Schmidt has been encouraging, challenging, and cheering on women to embrace both the beauty and bedlam of their everyday lives on her popular lifestyle blog, **Balancing Beauty and Bedlam** and now at instagram **@jenschmidt\_beautyandbedlam**.

With a variety of topics from easy dinner ideas and personal finance to leaving a legacy, Jen equips others to live life to its fullest, reminding them it's the little things that really are the big things in life. A popular speaker, author, Lifeway bible study teacher and founder/host of the annual Becoming Conference, Jen shares with humor and authenticity as she invites others to join her on this bumpy, beautiful life journey. Her practical lifestyle ideas encourage others to save money where they can, so they can spend, share, and give, on what's important.

Jen loves Jesus and time with her family, but she regularly dreams about a clean house, meal planning, DIYing, thrift store hunting, or the next guests who might pop in for a visit. She lives in North Carolina with her husband, five children, a few too many animals and an available sofa for anyone who needs it. Read about her heartbeat for everyday hospitality in her book **'Just Open the Door'**.

**KariAnne Wood** writes the decorating and lifestyle blog **Thistlewood Farms** from her project-filled historic home in Dallas, Texas. She recently followed God's call and jumped back "home" with her family from the middle of the country to the busy Dallas Metroplex where she lives with her husband and four children. If you wander down the tree-lined streets of KariAnne's beloved hometown, McKinney, you might find her painting mismatched chairs, listening to Christmas carols no matter the season, singing Scripture, or walking hand in hand with her knight-in-shining-armor husband to a Friday night football game. She loves sweet tea with lime, thunderstorms, good books, milk glass, and yard sales, and she is an imperfect DIYer saved by grace.

**Thistlewood Farms** is full of stories of family and faith and features hundreds of the home decor projects KariAnne creates every week for readers. The blog was awarded the Country Living Decorating Blog of the Year, was named one of the Top 10 Decorating Blogs by Better Homes and Gardens, and was voted one of the best DIY blogs of 2015. KariAnne has been featured in Better Homes and Gardens Christmas Ideas, Country Living, Flea Market Décor, Country Woman, HGTV Magazine, the Cottage Journal, the Chicago Tribune, Reloved, and This Old House magazine, and on popular websites including the Today show, Better Homes and Gardens, Country Living, Apartment Therapy, Good Housekeeping, Mediakix, Bob Vila, and BuzzFeed.

# Speakers

**Vanessa Hunt** of the lifestyle blog *At the Picket Fence* comes from her home in the beautiful Willamette Valley in Oregon which she shares with her husband of almost 20 years and their two children. While she might not hug trees very often there in the Pacific Northwest, she does take her coffee very seriously. Moving many times throughout her childhood developed in Vanessa a deep sense of the importance of 'home' as well as the value of community.

You can come to meet her **At the Picket Fence** on any given day and know you are not alone on your journey. There you will find simple ideas for your home and encouraging inspiration for your heart. Her deepest desire is to help women to create homes that are peaceful havens. She believes that no matter how busy the schedules, how much homework there is or how many sporting events there are to attend, your home can be filled with peace. There is no magic formula for making this happen but there are simple things every woman can do each day to create calm in the midst of the chaos. Vanessa's home isn't perfect, her life isn't perfect and her family isn't perfect. But by striving for peace rather than perfection, she's found a way to enjoy her home almost as much as she enjoys the people with whom she shares it.

Vanessa's first book *'Life in Season: Celebrating the Moments That Fill Your Heart and Home'* was released in 2016 and as one reviewer says, "This is one of those books that becomes a trusted friend. One to cozy up to as the seasons change. It's filled with inspiration—both spiritually & inspiration to make our homes more joy-filled."

She is a regular guest on local lifestyle television shows and a sought-after speaker at women's events around the country. She is also a contributing author at Thrive Moms. Vanessa and her home have been featured in magazines such as *Better Homes & Gardens*, *Good Housekeeping* and *Cottages & Bungalows* as well as online at *Country Living*, *HGTV*, *Redbook*, *Proverbs 31 Ministries* and {in}courage.

**Dana K White** is the author of *Decluttering at the Speed of Life* and *How to Manage Your Home Without Losing Your Mind*.

Dana isn't your typical decluttering expert. In fact, if you'd told her ten years ago that she'd one day write books about home management, she would have laughed. *And laughed and laughed and laughed.*

In 2009, Dana started an anonymous practice blog called **A Slob Comes Clean**. She didn't even tell her husband about it for the first month. She'd always dreamed of being a writer, and this was her desperate attempt to get her house under control while she learned about blogging. Dana soon realized she was not alone in her housekeeping struggles and in her feelings of shame.

Today, Dana shares realistic home management strategies and a message of hope for the hopelessly messy through her books, weekly podcasts and videos.

Dana lives with her husband and three kids just outside of Dallas, Texas.

# Speakers

**Christy Jordan:** Coming from a long line of Southern cooks, Christy was raised to appreciate the real wealth in life: Family, Friends, Faith, and Good Food. She started **Southern Plate** to share all the great recipes she learned from her Mother and Grandmothers. Her blog then led to her first book, *Southern Plate, Classic Comfort Food That Makes Everyone Feel Like Family*, second book “Come Home to Supper” and since has led to being an editor at Taste of the South Magazine. Christy feels that mealtimes should be important to us all, because it is through our mealtime conversations we learn who we were, where we came from, and what was expected of us as we go out into the world.

**Maghon Taylor** is on a mission to spread happiness through her handwriting. She is a joyful wife, fun mama, bestselling author and award winning artist. She is also the founder and owner of All She Wrote Notes, a calligraphy and hand lettering studio based in Elon, North Carolina. Since 2013, Maghon’s cheerful collection of colorful gifts has spread smiles all across America with their encouraging words and uplifting messages. Maghon believes whole-heartedly that our talents are meant to be shared and she has taught more than 7,000 students how to reignite their creativity with her traveling lettering workshops and online classes. She is also the author of *Happy Hand Lettering*, a #1 New Release on Amazon and has a second book in the works. An award winning artist and calligrapher, Maghon’s work has been featured in many publications such as *Southern Weddings*, *Inspired by this*, *The Wedding Chicks* and *Southern Bride and Groom*. She has partnered to letter items and host events with national retailers such as West Elm, Neiman Marcus, Kendra Scott, Anthropologie, Mary Square, DaySpring, Swoozies, Michaels and most recently, Starbucks. Local businesses have her heart and she frequently be found working with dozens of small shops across North Carolina and the South. She finds immense joy in spreading positivity on all her platforms and motivates more than 40,000 women daily to turn their mistakes into confetti. a metaphor that she applies not only to her business, but also her life. Over the past six years, Maghon has had the honor of sharing her entrepreneurship journey from the stage at dozens of creative conferences and podcasts meant to inspire those on a similar path. She’s living her dream every day alongside her husband and middle school sweetheart Chris, their curly headed son, Vance and their wild and crazy doodles Teddy Confetti and Gracie.

**Jessica Smartt** is passionate about memory-making with your tribe! She loves brainstorming the best kinds of traditions – the ones that bring spark, beauty, and richness to those we love. Jessica studied English at Grove City College, taught middle school literature, and now homeschools her three kids in sunny North Carolina.

She began blogging eight years ago so her brain wouldn’t turn to mush. Jessica loves hiking with kids (mostly), steaming coffee in the afternoon, family bike rides, and anything that’s ever been done to a potato. Follow Jessica’s homeschool adventures on Instagram at [@jessicasmartt.blogger](https://www.instagram.com/jessicasmartt.blogger) or **Smarter Each Day**.

Join her for an entertaining, inspiring, and super-practical pep talk on blessing your people through traditions.

# Speakers

**Amber Tysl** is an unlikely business owner (since she quit that major first day of college orientation), wife to a high school basketball coach, mama to three, a photographer and avid bargain shopper. Sometime in between her first two boys and her little girl, God called her to quit a full-time secure teaching job to take over a thriving photography business even having never taken pictures! Five years later, she has learned ways to capture those intentional moments, found her love of people and telling stories woven together through threads she never imagined.

**Lisa Burns** is the founder of the [This Pilgrim Life](#), a food and lifestyle blog centered on enjoying good food and ~~surviving~~ *thriving* in life with a busy family of a work-at-home husband and five kids 8 and under.

Lisa grew up eating food predominantly out of a can or a box, but discovered a love of feeding people and a passion to learn how to cook from scratch when she got married and started a family. Through much trial and error, she now counts the freedom and satisfaction of cooking and baking from a handful of whole ingredients among her favorite pastimes.

When Lisa isn't busy chasing toddlers, folding yet another load of laundry, or doing school at the dining room table, you can often find her doing live cooking demos from her kitchen or writing up a new tasty recipe for the blog.

Lisa's first cookbook, *Family Meals From Scratch in Your Instant Pot*, releases this May and is packed full of simple, quick and easy recipes to help you put your Instant Pot to use at all times of the day.

## **Angel Adams**

Angel is a gardening addict.

An accountant by day, but gardener every other minute that she can squeeze in, she's extremely passionate about fruit and vegetable gardening... and houseplants – her indoor plant family is kinda big .

She has a home garden named the Panola Patch in honor of her grandparents who were farmers. Her garden is made up of a large Pinterest-inspired raised bed where she grows all types of veggies and some containers (ok... a lot of containers) of fruit. But most importantly, all her gardening is done on a budget. She can't wait to share the tips and tricks she's learned along the way even though she hates mud, snakes and insects.

**Donna Van Eerden** – Becoming Founder and host, Jen Schmidt's mom.

## **Calming the Chaos**

(Vanessa Hunt)

In a world that feels increasingly more out of control, what if our homes could be havens of peace? Together we'll explore the intricate connection between our hearts and our homes. Because if our hearts feel chaotic our homes feel chaotic. And, if our homes feel chaotic our hearts feel chaotic. Discover your 'peace personality' and receive encouragement, practical tips and ideas as well as the opportunity to create your very own peace plan for your home.

**(Session 1, 3 - Harrel Auditorium)**

## **5 Steps to Declutter Any Mess**

(Dana White)

Overwhelmed with stuff? Suffering from Decluttering Paralysis? Dana K White will teach her simple, five step decluttering process that you can use to work through any mess, no matter how overwhelming.

Each step will improve your space, even if you have to stop in the middle of your project because life happens. You can make visible progress in your home whether you have five minutes, five hours, or five days available to spend decluttering.

**(Session 1 - Harrel 102)**

**(Session 4, 5 - Harrel 105)**

## **A Call to Finish Strong**

(Donna Van Eerden)

Donna, a mom of four and grandmother to 30, has a passion for rallying the older women and encouraging them to live the second half of their life (or those who are looking ahead) Spend time gleaning ideas that Donna has implemented, along with brainstorming ways to be an inspiration and share your life experience to encourage the next generation.

**(Session 5 - Harrel 102)**

## **Overcoming Depression**

(Christy Jordan)

In this session you'll learn proactive steps that you can take immediately to begin coming out of your depression as well as measures to put in effect to keep you from going back. Christy shares her personal story of how she overcame a deep, years long depression and how she has ordered her life every day to ensure she maintains that victory. For those not grappling with depression but know someone else who is, this session will help you to understand what they are going to and effective tactics that can be used to help. This session is applicable to everyone, whether you're in a rut, dealing with depression or not. If you want some encouragement, this is for you.

**(Session 3 - Terrace 316)**

**(Session 6 - Harrel 102)**

# Sessions

## **Using Photography to Transform Your Family's Moments into Memories**

(Amber Tysl)

Are you still unsure of how to work that fancy camera? (If you have a camera, this is the time to bring it.) Our time together will help you understand exactly what “shooting in manual” really is, just in case you haven't opened the camera's manual just yet! From capturing unforgettable moments to capturing that gorgeous table, you will leave knowing what it means to be intentional with your camera. This intentionality can translate through any means of photography—from shooting with your phone (and capturing beautiful pictures from it) or that fancy camera that you can't quite figure out.

**(Session 1, 3, 5 - Harrel 202)**

## **Finding Your Decorating Style and Simple, Creative Projects to Decorate Your Home**

(KariAnne Wood)

Interested in creating a home you love on a budget? *Finding Your Decorating Style and Simple, Creative Projects to Decorate Your Home* starts with a simple quiz to determine YOUR unique decorating style. KariAnne walks you through simple style decorating ideas for each room and shows you how to make them your own with creative decorating ideas and DIY projects for your home.

**(Session 2, 5 - Harrel Auditorium)**

## **Simplifying Cooking & Meal Planning for Your Family**

(Lisa Burns)

Eating healthy, real foods and cooking from scratch does not have to be complicated or only for families with big budgets and plenty of time on their hands! Lisa firmly believes that anyone who wants to can learn to cook. She is passionate about teaching others how to make their own food from simple, common ingredients through her blog, cooking videos, and new cookbook. If you want to learn easy, practical tips to make more meals at home, and learn several different meal planning strategies to take the stress out of figuring out what to eat, this session is for you! We will chat about all things Instant Pot, too, so if you have questions, bring them on!

**(Session 1 - Harrel 105)**

**(Session 2 - Harrel 102)**

**(Session 6 - Harrel 105)**

# Sessions

## **Sparkle Up Your Year: Life-Giving and Super-Fun Traditions By the Month**

(Jessica Smartt)

What are the special events you do every year that you just love? I've researched traditions like it's my job and I'm sharing my absolute favorites for each month! Share your favorites (prizes awarded!) and dream up some new traditions in this interactive forum! Connect with family and friends in ways you never thought possible. It's so much easier than you imagined.

Plus bonus content: best traditions for your Enneagram type! Don't know what the Enneagram is? Don't worry. I'll tell you.

**(Session 2 - Terrace 316)**

**(Session 3 - Harrel 102)**

**(Session 6 - Harrel Auditorium)**

## **The Joy of Being the Cook: How to Enjoy Making Supper - EVERY Night!**

(Christy Jordan)

Does having to prepare dinner each night feel more like a chore than a joy? In this session Christy will share her tried and true tips to take away the dread of having to prepare supper and turn it to the joy of getting to prepare supper! It's about so much more than knowing a few good recipes.

**(Session 4 - Harrel 102)**

## **Happy Hand Lettering**

(Maghon Taylor)

Maghon is on a mission to spread happiness through her handwriting and it is her greatest joy to teach show you how to turn your regular handwriting into something really special. In this session, we will cover all of the basics of hand lettering, tips, techniques and practical uses and even chalk techniques that can be applied to fun projects throughout your home and your life. You do not have to have beautiful handwriting to be a great hand letterer!

**(Session 2, 3 - Harrel 105)**

## **Frugal Gardening - Tips and Tricks to Get Your Frugal Garden Started and Keep It Growing**

(Angel Adams)

If you ever thought you may want to try your hand at this gardening thing, then this class is for you! Gardening is not hard and if you are willing to invest a little time, you can be a successful edible and flower gardener. Angel is a self-taught gardener and specializes in container and raised bed gardening of many types - fruit, vegetable, herb and flower gardens. In this class you'll learn low cost ways to plan your growing space, choose your plants, care for your growing garden and harvest your bounty. And, maybe...just maybe...this class can be the beginning of years of gardening fun!

**(Session 2, 4, 6 - Harrel 202)**

# Sessions

## **Momming in Our Own Lane (Intentional Mothering for All Seasons)**

(Jen Schmidt)

Jen has learned to embrace every season of motherhood, yes, the good, the bad and the ugly, and continues to learn along the way. With transparency and humor, Jen will walk us through some of the struggles we experience in our mothering and then give us a unique look at the steps she's taken to build, nurture and develop meaningful relationships with her children. Come be encouraged to stay the course through this most humbling and privileged calling. Let's make this interactive, so bring your questions because this will be a time to ask anything you want.

**(Session 4 - Harrel Auditorium)**

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